

Glen Rock Democrats: Vaxes for Seniors
GlenRockDems@gmail.com or 646-980-4252
<https://www.glenrockdems.com/>

Valley Hospital in Paramus
599 Valley Health Plaza, Paramus, NJ

Please view this video, <https://youtu.be/TsJ5JIGNdS0>

From Valley, <https://www.valleyhealth.com/covid-19-vaccine-appointment-day-instructions>

We ask that you arrive on time, but no earlier than 10 minutes prior to your scheduled appointment time. The entire appointment, from registration to completion of the waiting/monitoring period post-vaccination, will be just about 40 minutes.

Location

Paramus Vaccination Center: 599 Valley Health Plaza, Paramus



Valley Health System's Paramus Vaccination Center is located at 599 Valley Health Plaza, Paramus, NJ. This location was formerly known as the Children's Museum and is adjacent to Valley's Luckow Pavillion.

Directions:

- **From Route 17-South:** Take the East Ridgewood Avenue Oradell exit. Continue on East Ridgewood Avenue crossing over Route 17 to the light at Winters Avenue. Turn right onto Winters Avenue. Bear right onto Valley Health Plaza. 599 is on your right.
- **From Route 17-North:** Take the East Ridgewood Avenue Oradell exit. Continue on East Ridgewood Avenue to the light at Winters Avenue. Turn right onto Winters Avenue. Bear right onto Valley Health Plaza. 599 is on your right.
- Please follow the COVID-19 vaccination signs into the parking lot. Please enter the building through the main entrance door.

Identification

You **MUST** bring valid proof of identification with you to your appointment. Examples include a valid drivers license, passport, etc. You will not be able to be vaccinated at your appointment time without proper identification.

Proof of Eligibility

You **MUST** bring proof of eligibility with you to your appointment. Examples of acceptable proof include an employee ID badge, a letter from your employer, utilities statement, etc. You will not be able to be vaccinated at your appointment time without proper proof of eligibility.

COVID-19 Safety Precautions

As always, you must wear a mask for the entirety of your appointment and follow all social distancing guidelines. If you are sick, please reschedule your appointment for a later date.

Second Vaccine Dose

You will receive your second dose 21 days after receiving the first. You must be available for both vaccine appointments.

If You Are Sick with COVID-19 or Another Illness

To protect others from getting sick, you should schedule your vaccine appointment at least 14 days from recovering from illness onset.

If You Have Just Received Another Vaccine

Right now, there are no studies that show that the COVID-19 vaccine interacts with any other vaccines. To be safe and cautious, however, experts recommend getting the COVID-19 vaccine by itself with at least two weeks between different vaccines, in the unlikely event of a reaction.